

## Example Lunch Menu

Served 12-3pm

- Soup of the day – served with bread £3.50
- Smoked salmon + cream cheese on rye bread - served with salad £6.95
- Mozzarella, Vine tomato + Pesto salad – served with bread £6.95
- Special Salad of the Day
- Ploughman's Lunch – Ingram's ham, cheese selection, Suffolk pickle, oatcakes +bread £7.25
- Various 'Patchwork' quiches – served warm with salad £7.25
- 'Patchwork' Pates – served with oatcakes and red onion marmalade £6.25
- Tomato + garlic Bruschetta – served with or without cheese and salad £5.75/£6.25
- Beef 'PoBoy' – open topped sandwich with Ingram's Beef, harissa mayonnaise, Jalapenos + grilled cheese served with salad £4.95
- Ham 'PoBoy' – open topped sandwich with Ingram's Ham, red onion, mustard mayonnaise + grilled cheese served with salad £4.95
- Kids Platter – ham/cheese sandwich, babybel, box of raisins, crisps + juice £3.75
- Kids Toastie – ham/cheese served with crisps + juice £3.25

All of the above are also available for Take Away

## Panini's + Sandwiches

A daily changing, large variety of freshly made Panini's and sandwiches available all day for Sit in (£4.95 served with salad and crisps) or Take Away (£3.95/£3.25)

Example Panini's -

- Mozzarella, Semi-dried Tomatoes + Pesto
- Pastrami, Jarlsberg cheese + Dijon Mustard Mayo
- Roasted Vegetable, Hummus + Spinach
- Cajun Chicken, Mixed Peppers + Cheddar Cheese
- All Day Breakfast

Example Sandwiches –

- Ingram's topside of Beef + Horseradish Sauce
- Ingram's Ham, Isle of Mull Cheddar, Pear + Mayonnaise
- Chargrilled Chicken, Bacon + Mayonnaise
- Feta Cheese, Olives + Semi-dried Tomatoes
- Chorizo + Mozzarella

